

**COUNSELING, ALCOHOL
AND OTHER DRUG
ASSISTANCE PROGRAM
&
PSYCHIATRIC SERVICES
(CAPS)**



Counseling Services

How to Get Connected to CAPS for Rutgers New Brunswick Students

Call CAPS at 848-932-7884

Get started with counseling

Schedule a Let's Talk

Set up or reschedule an appointment

Access the CAPS daytime on call counselor from

8:30 am - 4:30 pm

Visit our Website

<https://health.rutgers.edu/medical-and-counseling-services>

Visit 17 Senior Street
College Avenue Campus
New Brunswick, NJ



Who are the Staff at CAPS

Psychologists

Psychiatrists

Social
Workers

Substance Use
Counselors

Professional
Counselors

Case
Managers



What services do we provide?

Individual Therapy and
Crisis Counseling

Group
Counseling

Psychiatric Treatment

Workshops,
Community Outreach and
Events

Case Management

“Let’s Talk”
Informal Consultation
with a Counselor

Substance Use
Treatment and
Recovery Housing

Information and
Referrals to Community
Services

HOW DO I GET CONNECTED TO CAPS?

Call the CAPS Office at
848-932-7884

To set up a phone screening for
services and schedule an initial
meeting with a counselor

To reschedule an appointment

To ask questions

OR Visit Our Website for More
Information

<https://health.rutgers.edu/medical-and-counseling-services/counseling-services>

Drop-In to Let's Talk

Community Based Counselors
are located in 15 communities on
campus for 1-2 hours per week
and offer general support,
consultation, education or a
connection to CAPS and community
services.

Provide Let's Talk by phone, video or
in person. Call CAPS at 848-932-
7884 and choose option #2 to
schedule an appointment.



Scan this QR Code for up to date Let's Talk
locations, schedule and information!

Reach the Daytime On-call Counselor for Crisis Support

CAPS on-call counselor is
available for crisis intervention
and emergencies every day
during regular business hours,
Monday through Friday,
8:30am to 4:30pm, except
University holidays.

Students can access the on-
call counselor by visiting 17
Senior Street on the College
Ave Campus or calling 848-
932-7884.

The phone is answered by a
service off hours that can
provide immediate assistance
in a crisis.